Feel a little blue around the holidays?

Need some quiet space in the midst of Jingle Bells and Joy to the World?



When loss, grief, depression, pain or hopelessness fill Christmas...our churches are offering non-traditional services of hope and healing.

All are welcome!



## **Blue Christmas Service**

December 1st at 7:00 pm
Kamloops United Church
To participate go to Kamloops United Church
YouTube channel

for more info: 250-372-3020 or www.kamloopsunited.ca



## Service of Hope & Healing

December 17th at 7:00 pm Hills of Peace

To participate go to www.hillsofpeace.com

for more info: 250-828-2221